

Sunday Best

and	8	and	1	and	2	and	3	and	4	and	5	and	6	and	7	and	8	and
1:00 THIRD A																		
		fl R	ap		st L		st R		st L		st R	ball L	chng R		toe L			
sh L	fle L	fl L	ap		st R		st L		st R		st L	ball R	chng L		toe R			
sh R	fle R	fl R	ap		st L		st R		st L		st R	ball L	chng R		toe L			
	toe L	fl L	ap	ball R	chng L	fl R	ap	ball L	chng R	fl L	ap	sh R	fle R	ball R	chng L	ball R	chng L	
1:15 FOURTH A																		
		fl R	ap		chug R		st L		chug L		st R	br L	hl R	st L	br R	hl L	st R	
		fl L	ap		chug L		st R		chug R		st L	br R	hl L	st R	br L	hl R	st L	
		fl R	ap		chug R		st L		chug L		st R	br L	hl R	st L	br R	hl L	st R	
			st L	br R	hl L	st R	br L	hl R	st L	br R	hl L	st R	br L	hl R	st L			
1:30 CODA																		
ball R	chng L	ball R	chng L		br R BACK		br R OUT		br R FRONT		st R	br L	hl R	st L	br R	hl L	st R	
			st L	br R	hl L	st R	br L	hl R	st L		st R	br L	hl R	st L	br R	hl L	st R	
			br L FRONT		br L CROSS		br L FRONT		br L BACK		st L	br R	hl L	st R	br L	hl R	st L	
		fl R	ap	fl L	ap	fl R	ap	fl L	ap		st R	ball L	chng R		st L	ball R	chng L	
			st R	ball L	chng R	br L	hl R	st L	br R	hl L	st R	ball L	chng R	toe L			Inge L	