

Latin Rhythm Workshop

	and	8	and	1	and	2	and	3	and	4	and	5	and	6	and	7	and	8	and
CLAVE CLAP				clap step L				clap step R		clap		step L		clap		clap step R			
CONGA SIDE TO SIDE				st L				cross R/L				st L			dig R				
REPEAT OPPOSITE FEET																			
CONGA TURN (full turn to left)				st L		fl R		ap		fl L		ap				tap R			
REPEAT OPPOSITE FEET																			
CONGA MARACCAS				st L		hop L		st R	sh L	fle L	ball L	chng R			Inge L				
REPEAT OPPOSITE FEET																			
CONGA TOM TOM		br L	hl R		toe L		hl R	sh L	fle L	hl R	toe L		hl R	stom L					
REPEAT OPPOSITE FEET																			
BASIC RUMBA WALK		br R	hl L	fl R	ap	fl L	ap	fl R	ap	br L	hl R	fl L	ap	fl R	ap	fl L	ap		
REPEAT OPPOSITE FEET		br R	hl L	fl R	ap	fl L	ap	br R	hl L	fl R	ap	fl L	ap	fl R	ap				
THREE-THREE-TWO			st L	br R	hl L	st R	br L	hl R	st L	st R	st L	br R	hl L	st R	br L	hl R	st L	st R	
REPEAT OPPOSITE FEET			st L	br R	hl L	st R	br L	hl R	st L	br R	hl L	sh R	fle	toe R			br R		
RHUMBA TAMBA		st L	br R		h L	st R		st L		stam R		h L	fl R	ap		st L			
		st R	br L		h R	st L		st R		stam L		h R	fl L	ap		st R			
		st L	br R		h L	st R		st L	br R		h L	st R		st L		st R			
REPEAT OPPOSITE FEET		st L	br R		h L	st R		st L		stam R		[h L]	fl R	ap		st L			[st L]

Latin Rhythm Workshop

	and	8	and	1	and	2	and	3	and	4	and	5	and	6	and	7	and	8	and
SAMBA				st L		ball R		chng L				st R		fl L	ap		st R	br L	
REPEAT 3 TIMES				st L				ball R	chng L		st R					st L			
TANGO ZIG ZAG —				st L		ball R	chng L		st R		st L			ball R	chng L		st R		
REPEAT OPPOSITE FEET				st L		ball R	chng L		st R		st L	st L	st R/L	st L	st R	st L/R	st R	st L	st L
TANGO TWIST				st L	toe R		fl R	ap		st L		st R	toe L		fl L	ap		st R	
REPEAT OPPOSITE FEET				st L	toe R		fl R	ap		st L		cr R/L		cr L/R		cr L/R		leap L/R	
FUMA LE				st R	ball L	chng R		st L		st R	ball L	chng R	fl L	ap	br R		ball R	chng L	
REPEAT 3 TIMES				st R	ball L	chng R		st L		st R	ball L	chng R	fl L	ap	br R		ball R	chng L	
BREAK				st	ball	chng		st		st	ball	chng		st		st	ball	chng	
MERENGUE																st L	sh R	fle	
		cr R/L	toe L			st L		fl R	ap		st L		br R		st R	sh L	fle		
		cr L/R	toe R			st R		fl L	ap		st R		br L		st R				
BEGIN THE BEGUINE				stam L		tap R	br-dg L	tap L		br R		st R		br L		st L		tap R	
REPEAT OPPOSITE FEET				stam R		tap L	br-dg R	tap R		br L		st L		br R		toe R			