|  |  | st L | sh | fle | $\begin{gathered} \text { st } \\ R \end{gathered}$ | $\begin{gathered} \text { sh } \\ \mathrm{L} \end{gathered}$ |  | $\begin{gathered} \text { st } \\ \text { L } \end{gathered}$ | sh | fle | $\begin{gathered} \text { st } \\ \text { R } \end{gathered}$ | $\begin{gathered} \text { sh } \\ \text { L } \end{gathered}$ | fle |  | ball <br> L | chng R |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{array}{cl} \mathrm{fl} \\ \mathrm{~L} \end{array}$ | ap | $\begin{gathered} \text { sh } \\ R \end{gathered}$ | fle | $\begin{aligned} & \text { st } \\ & R \end{aligned}$ | sh L | fle | st L | $\mathrm{sh}_{\mathrm{R}}$ | fle | st | sh | fle |  | ball <br> L | chng <br> R |
|  | $\begin{gathered} \mathrm{fl} \\ \mathrm{~L} \end{gathered}$ | ap | sh | fle | $\begin{gathered} \text { st } \\ \text { R } \end{gathered}$ | $\begin{gathered} \mathrm{br} \\ \mathrm{~L} \end{gathered}$ |  | $\begin{gathered} \text { st } \\ \text { L } \end{gathered}$ | $\begin{aligned} & \mathrm{fl} \\ & \mathrm{R} \end{aligned}$ | ap | br <br> L |  | $\begin{gathered} \mathrm{fl} \\ \mathrm{~L} \end{gathered}$ | ap |  |  |
| $\begin{gathered} \text { st } \\ \text { R } \end{gathered}$ | shfle L | $\begin{gathered} \text { st } \\ \text { L } \end{gathered}$ | sh | fle | $\begin{gathered} \text { st } \\ R \end{gathered}$ |  | $\begin{gathered} \mathrm{fl} \\ \mathrm{~L} \end{gathered}$ | ap | $\begin{aligned} & \mathrm{fl} \\ & \mathrm{R} \end{aligned}$ | ap | $\begin{gathered} \mathrm{fl} \\ \mathrm{~L} \end{gathered}$ | ap | br <br> R |  |  |  |
|  |  | $\begin{gathered} \text { st } \\ R \end{gathered}$ | sh | fle | $\begin{gathered} \text { st } \\ \mathrm{L} \end{gathered}$ | $\begin{gathered} \text { sh } \\ \mathrm{R} \end{gathered}$ | fle | $\begin{gathered} \text { st } \\ \text { R } \end{gathered}$ | sh | fle | st | sh | fle |  | ball | chng L |
|  | $\begin{aligned} & \mathrm{fl} \\ & \mathrm{R} \end{aligned}$ | ap | $\begin{gathered} \text { sh } \\ \text { L } \end{gathered}$ | fle | $\begin{gathered} \text { st } \\ \mathrm{L} \end{gathered}$ | $\begin{gathered} \text { sh } \\ R \end{gathered}$ | fle | $\begin{gathered} \text { st } \\ \text { R } \end{gathered}$ | sh | fle | st | sh | fle |  | ball | chng L |
|  | $\begin{aligned} & \mathrm{fl} \\ & \mathrm{R} \end{aligned}$ | ap | $\begin{gathered} \text { sh } \\ \mathrm{L} \end{gathered}$ | fle | $\begin{gathered} \text { st } \\ \text { L } \end{gathered}$ | $\begin{gathered} \mathrm{br} \\ \mathrm{R} \end{gathered}$ |  | $\begin{gathered} \text { st } \\ \text { R } \end{gathered}$ | $\begin{aligned} & \mathrm{fl} \\ & \mathrm{~L} \end{aligned}$ | ap | $\mathrm{br}$ |  | $\begin{aligned} & \mathrm{fl} \\ & \mathrm{R} \end{aligned}$ | ap |  |  |
| st | shfle R | $\begin{gathered} \text { st } \\ \text { R } \end{gathered}$ | $\begin{gathered} \text { sh } \\ \text { L } \end{gathered}$ |  | $\begin{gathered} \text { st } \\ \mathrm{L} \end{gathered}$ | $\begin{gathered} \text { sh } \\ \mathrm{R} \end{gathered}$ | fle | $\begin{gathered} \text { st } \\ \text { R } \end{gathered}$ |  | st |  | $\begin{gathered} \text { st } \\ \text { R } \end{gathered}$ |  | $\begin{gathered} \text { st } \\ \text { L } \end{gathered}$ |  | $\begin{aligned} & \text { st } \\ & \text { R } \end{aligned}$ |

0:23 - A2 - TRAVEL TO S.L. / BACK TO CENTER

| to L, face L |  |  | st | br | hl | fl R | ap | fl | ap | $\begin{gathered} \mathrm{br} \\ \mathrm{R} \end{gathered}$ | $\mathrm{hl}_{\mathrm{L}}$ | fl R | ap | $\mathrm{br}$ |  | ball | $\underset{R}{\text { chng }}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $f l$ | ap | $\begin{gathered} \mathrm{br} \\ \mathrm{R} \end{gathered}$ | $\underset{\mathrm{L}}{\mathrm{hl}}$ | $\begin{aligned} & \mathrm{fl} \\ & \mathrm{R} \end{aligned}$ | ap | $\underset{\mathrm{L}}{\mathrm{fl}}$ | ap | $\begin{gathered} \mathrm{br} \\ \mathrm{R} \end{gathered}$ | $\underset{\mathrm{hl}}{\mathrm{hl}}$ | $\begin{aligned} & \mathrm{fl} \\ & \mathrm{R} \end{aligned}$ | ap | br |  | ball | $\underset{R}{\text { chng }}$ |  |
|  |  | $\mathrm{fl}$ | ap | $\mathrm{br}$ | $\mathrm{hl}$ | $\begin{aligned} & \mathrm{fl} \\ & \mathrm{R} \end{aligned}$ | ap |  | st | $\mathrm{br}$ | $\mathrm{hl}_{\text {L }}$ | br <br> R |  | ball <br> R | chng |  |  |  |
|  | hop | $\mathrm{br}-\mathrm{dig}$ | $\begin{gathered} \mathrm{hl} \\ \mathrm{R} \end{gathered}$ | ${ }_{\text {br }}$ | $\begin{aligned} & \mathrm{hl} \\ & \mathrm{R} \end{aligned}$ | st |  | ball | chng |  | st | br <br> L | $\begin{aligned} & \mathrm{hl} \\ & \mathrm{R} \end{aligned}$ | st |  |  |  |  |
| back up |  |  | $\begin{aligned} & \text { st } \\ & \text { R } \end{aligned}$ | br <br> L | $\begin{gathered} \mathrm{hl} \\ \mathrm{R} \end{gathered}$ | st | $\mathrm{br}$ | $\mathrm{hl}$ | st | br <br> L | $\begin{aligned} & \mathrm{hl} \\ & \mathrm{R} \end{aligned}$ | st | $\mathrm{br}$ | $\begin{gathered} \mathrm{br} \\ \mathrm{R} \end{gathered}$ |  | ball | chng | $\mathrm{br}$ |
|  |  |  | $\begin{aligned} & \text { st } \\ & R \end{aligned}$ | $\stackrel{\mathrm{br}}{\mathrm{L}}$ | $\begin{gathered} \mathrm{hl} \\ \mathrm{R} \end{gathered}$ | st | $\underset{\mathrm{R}}{\mathrm{br}}$ | $\begin{gathered} \mathrm{hl} \\ \mathrm{~L} \end{gathered}$ | st | br <br> L | $\begin{aligned} & \mathrm{hl} \\ & \mathrm{R} \end{aligned}$ | st | $\mathrm{br}$ | $\begin{gathered} \mathrm{br} \\ \mathrm{R} \end{gathered}$ |  | $\underset{\mathrm{R}}{\substack{\text { ball }}}$ | chng | $\begin{gathered} \mathrm{br} \\ \mathrm{R} \end{gathered}$ |
|  |  |  | $\begin{gathered} \text { st } \\ \mathrm{R} \end{gathered}$ | $\mathrm{br}$ | $\begin{aligned} & \mathrm{hl} \\ & \mathrm{R} \end{aligned}$ | $\stackrel{f}{\mathrm{fl}}$ | ap |  | $\begin{aligned} & \text { st } \\ & \text { R } \end{aligned}$ | br | $\begin{aligned} & \mathrm{hl} \\ & \mathrm{R} \end{aligned}$ | $\begin{gathered} \text { st } \\ \mathrm{L} \end{gathered}$ |  | $\underset{R}{\substack{\text { ball }}}$ | chng |  |  |  |
|  | $\begin{aligned} & \text { hop } \\ & \text { nen } \end{aligned}$ | br-dig | $\begin{gathered} \mathrm{hl} \\ \mathrm{R} \end{gathered}$ | br | h | st | $\begin{gathered} \mathrm{br} \\ \mathrm{R} \end{gathered}$ | $\underset{\mathrm{L}}{\mathrm{hl}}$ | $\begin{aligned} & \text { st } \\ & \text { R } \end{aligned}$ |  | st |  | $\begin{gathered} \mathrm{st} \\ \mathrm{R} \end{gathered}$ |  | st |  | $\begin{aligned} & \text { st } \\ & \text { R } \end{aligned}$ |  |

