

# TIME STEP WORKSHOP

and 8 and 1 and 2 and 3 and 4 and 5 and 6 and 7 and 8 and

## THE WORST AND BEST...

To say of a tap dancer: “He doesn’t even know the Time Step” or conversely: “He makes even the Time Step look good,” is the worst and best that may be said.

—Marshall and Jean Stearns, *Jazz Dance - The Story of American Vernacular Dance*

## SINGLE BUCK TIME STEP

st	stam		hop	fl	ap	fl	ap	st	stam		hop	fl	ap	fl	ap
L	R		L	R		L		R	L		R	L		R	

## DOUBLE BUCK TIME STEP

st	stam	br	hop	fl	ap	fl	ap	st	stam	br	hop	fl	ap	fl	ap
L	R	R	L	R		L		R	L	L	R	L		R	

## TRIPLE BUCK TIME STEP

st	stam	br	hop	sh	fle-st	fl	ap	st	stam	br	hop	sh	fle-st	fl	ap
L	R	R	L	R	R	L		R	L	L	R	L	L	R	

## TIME STEP BREAK

st	stam	br	hop		st	br	hop	st	br	hop	st		st		st		st
L	R	R	L		R	L	R	L	R	L	R		L		R		L

## MRS. CZARNOWSKI'S TIME STEP

			stmp		hop	fl	ap		hop	fl	ap	fl	ap	fl	ap	ball	chnge
			R		L	R			R	L		R		L		R	L
			stmp		hop	fl	ap		hop	fl	ap	fl	ap	fl	ap	ball	chnge
			R		L	R			R	L		R		L		R	L

## KICK TIME STEP

			kick		hop		toe		hop	fl	ap	fl	ap	fl	ap	ball	chnge
			R (HOP L)		L		R		L	R		L		R		L	R
			kick		hop		toe		hop	fl	ap	fl	ap	fl	ap	ball	chnge
			L (HOP R)		R		L		R	L		R		L		R	L

## ELLEN'S TIME STEP

			dig	br	st	dig	br	st	dig	br	st	br		hl	st		st
			R	R	R	L	L	L	R	R	R	L		R	L		R
			dig	br	st	dig	br	st	dig	br	st	br		hl	st		st
			L	L	L	R	R	R	L	L	L	R		L	R		L
			dig	br	st	dig	br	st	dig	br	st	br		hl	st		st
			R	R	R	L	L	L	R	R	R	L		R	L		R
			dig	br	st	dig	br	st	dig	br	st	dig	br	hl	toe		
			L	L	L	R	R	R	L	L	L	R	R	L	R		

# TIME STEP WORKSHOP

and	8	and	1	and	2	and	3	and	4	and	5	and	6	and	7	and	8	and
<b>TOE TIME STEP</b>																		
hl L	br R	hl L	st R	fl L	ap	fl R	ap	dig L	br L	st L	dig R	br R	st R	toe L				
hl R	br L	hl R	st L	fl R	ap	fl L	ap	dig R	br R	st R	dig L	br L	st L	toe R				
hl L	br R	hl L	st R	fl L	ap	fl R	ap	dig L	br L	st L	dig R	br R	st R	toe L				
hl R	br L	hl R	st L	fl R	ap	fl L	ap	dig R	br R	st R	toe L	toe L		st L				
<b>MILLION DOLLAR TIME STEP</b>																		
ball R	chnge L	ball R	chnge L	fl R	ap	sh L	fle	st L	sh R	fle	hop L	st R		fl L	ap			
ball R	chnge L	ball R	chnge L	fl R	ap	sh L	fle	st L	sh R	fle	hop L	st R		fl L	ap			
ball R	chnge L	ball R	chnge L	fl R	ap	sh L	fle	st L	sh R	fle	hop L	st R		fl L	ap			
ball R	chnge L	ball R	chnge L			ball R	chnge L	ball R	chnge L			ball R	chnge L	ball R	chnge L			
<b>TRAVELING TIME STEP</b>																		
[hop] L		st R	sh L	fle	st L	sh R	fle	st R	sh L	fle	ball L	chnge R	ball L	chnge R			hop R	
		st L	sh R	fle	st R	sh L	fle	st L	sh R	fle	ball R	chnge L	ball R	chnge L			hop L	
		st R	sh L	fle	st L	sh R	fle	st R	sh L	fle	ball L	chnge R	ball L	chnge R			hop R	
		st L	sh R	fle	ball R	chnge L		Inge R			ball L	chnge R		Inge L				
<b>WALTZ CLOG TIME STEP</b>																		
		fl R	ap	sh L	fle	ball L	chnge R	fl L	ap	sh R	fle	ball R	chnge L	fl R	ap	fl L	ap	
		fl R	ap	sh L	fle	ball L	chnge R	fl L	ap	sh R	fle	ball R	chnge L		Inge R			
		fl L	ap	sh R	fle	ball R	chnge L	fl R	ap	sh L	fle	ball L	chnge R	fl L	ap	fl R	ap	
		fl L	ap	sh R	fle	ball R	chnge L	fl R	ap	sh L	fle	ball L	chnge R		Inge L			
<b>SHAVE AND A HAIRCUT</b>																		
			jump BOTH		fl-ap R	fl L	ap		st R		clap		hop R		st L			